

February 2012

Hethwood Hoorah

THE FOUNDATION

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Melinda Dunford, Donna Gresh
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Haymarket Square

Raines Property Management, Inc.
Charles Johnson & Michael Peggs

Chowning Place

Townside Property Management, Inc.
John Buyers-Property Manager

Hethwood Foundation Staff

Art Price, Hethwood Director
agprice@hethwoodfoundation.com
Carol Schafer-Powers, Office Manager
cbspowers@hethwoodfoundation.com

Office Hours

Monday – Friday
8:30am – 1:00pm & 2:00pm- 5:30pm
Voice: (540) 552-5252
Fax: (540) 552-2830

hethwoodfoundation.com

750 Hethwood Blvd., NW #100 H
Blacksburg, VA 24060

Hethwood Fitness Center

Located @ 8400 B
Hours: M - F 8am - 9pm
Sat. 10am - 9pm
Sun. 1pm - 9pm

News from the Director

Hello to all of you! My name is Art Price and I am pleased to be the new Hethwood Foundation Director. I look forward to this wonderful opportunity. I recently retired from the field of public parks and recreation with over 30 years of experience. I was the Director of Parks and Recreation for Louisa County from July 1981-April 1983. I was with Christiansburg Parks and Recreation from April 1983 until my retirement. I received my Bachelor and Master degrees in Recreation and Leisure Services Administration from Radford University. I have also been on the adjunct faculty at Radford University and also worked as an associate scout for the Kansas City Royals. I am a member of the Salem-Roanoke Baseball Hall of Fame and serve on the Board of Directors for the Salem-Roanoke Baseball Hall of Fame. Please stop by the Hethwood Foundation office to say hello. I am a people person and enjoy making new friends.

I would like to express my sincere appreciation to Donna Gresh, Regional Manager for HHHunt for selecting me as Hethwood Foundation Director and giving me the opportunity to have two excellent careers in my lifetime. I sincerely appreciate the assistance of Carol-Schafer-Powers, Hethwood Foundation Office Manager for all she does. Believe me; words can never begin to express what a tremendous asset she is. Mark Hinson, our office assistant is a very dedicated and valuable member of our team. I am thankful for and sincerely appreciate both of them. In addition, Christine Miles, former Hethwood Director did an excellent job for the past four years, and in preparing for this transition period.

My first few weeks have been very exciting. January's meeting of the Hethwood Board of Directors was very educational and productive. At this meeting, our 2012 budget was approved. Several capital improvements were approved that will enhance the appearance and recreation facilities of our beautiful and wonderful community. Included in the planned improvements are: plans to revamp the tennis court adjacent to Mt. Vernon, resurface the Huntsman pool, add required handicap accessibility to both pools, continue on with repairing/repaving the trail, update the gang mailbox units in Mission Hills and Pilgrims Point, replacing swings at the Lancaster playground, and much more. For the updated capital plan, please see on our website under Homeowners Info. There you will find a complete list of items as well as a list of benefits and services that your dues pay for.

Dues for 2012 will be \$291.05 and will be due on May 1st. You will receive your dues statement from CFM, our accounts payable department, no later than April 1st. If for any reason you have not received your dues mailing by this date, please immediately contact the Hethwood Foundation office.

Please look inside for some fun, healthy and educational recreation programs and services. It is our goal to promote and implement programs and services, along with providing facilities that will help our residents find fun and constructive ways to use their valuable leisure time. Please contact us with any ideas for new programs, services and/or facilities. In addition, please let us know any comments concerning existing programs, services and facilities. Please call or email (info@hethwoodfoundation.com) our staff with any ideas and/or comments. Resident feedback is very important to us.

Once again, I look forward to this wonderful opportunity of being Hethwood Foundation Director. I view this position as an opportunity to have two excellent careers in my lifetime. As previously mentioned, I am a people person. Therefore, I look forward to making many new friends in our community.

Sincerely yours,
Art Price
Hethwood Foundation Director
agprice@hethwoodfondation.com

Hethwood Board Meeting

The next Hethwood Foundation Board of Directors quarterly meeting will be held on April 16th, at noon in the Huntsman Clubhouse.

Fun Activities



Super Bowl XLVI Party

Mark your calendars to join in the fun for
Super Bowl Sunday - February 5th, 2012

Join us at 6:00PM at the Briarwood clubhouse for a fun time!

Watch the game on our big screen TV and
enjoy snacks, pizza and beverages with some
of the best fans around!

Kid's Movie Night

Friday, February 10th from 7PM - ???PM @ Briarwood Clubhouse

Movie: Mr. Poppers Penguins Rated: PG

We will enjoy popcorn and Kool Aid. FREE
Parents please accompany your children.



Valentine's Day Craft

Monday, February 13th from 4PM - 5PM @ Briarwood Clubhouse

Join in the fun and make something special for
Valentine's Day!

Parents/guardians must accompany your children.
Please RSVP @ 552-5252 by February 9th.



Senior Luncheon

Thursday, February 23rd 12Noon -1PM @ Huntsman Clubhouse

Please RSVP 552-5252 by February 20th

Join the Hethwood team for a tasty lunch and
yummy sweets for dessert.



Domino's Presents: Pizza Night!

On Wednesday's especially for Hethwood and Foxridge residents!!!!

Time: 4:30PM-7:30PM Where: Briarwood Clubhouse

Swing by for a medium cheese or pepperoni pizza for only \$5!

While quantities last!



IMPORTANT ACTIVITIES NOTICE

All Hethwood activities are first come first served while supplies last and are for Hethwood residents only. If you would like to bring a guest at a minimal charge, please call the Hethwood office @ 552-5252. We reserve the right to set minimum and maximum participant registration and request ID. Please RSVP when requested so we are not wasteful or short on supplies.

Thank you!

Healthy 2012 Wellness Lectures!

\$20 Special!

Boost Your Immune System, Monday, February 6 @ 6-7 p.m. - Learn to eat foods, spices, drink beverages that all boost your immune system and support your body when ill. Take home valuable recipes, and a list of therapeutic antioxidants, phytonutrients, organic foods, and supplements that support the immune system. As well, grasp the effects of harmful food ingredients and their role in compromising the immune system.

Survive Stress Successfully, Wednesday, February 8 @ 6-7 p.m. – Live breathing exercise and guided meditation. Learn the effects of stress on the body and how to assess your stress level. Take home Survive Stress Successfully lecture transcript highlighting healthy foods, hydration, exercise, natural remedies, relaxation techniques, and lifestyle tips. Celestial Seasonings Tension Tamer Tea sample included.

Conquer Depression & SAD Monday, February 13 @ 6-7 p.m. – Conquer Depression and SAD (Seasonal Affective Disorder) lecture discusses the common mood disorders (depression, bi-polar, paranoia, seasonal mood swings). Get your life back and smile daily with valuable information focusing on nutritional therapy, exercise, relaxation techniques, supplementation, bodywork, and positive thinking.

Chronic Pain & Inflammation, Wednesday, February 15 @ 6-7 p.m. – Learn to use pain as a pathway for better healing. This wellness lecture will address the four basic pain centers, common paths to pain, and how to assuage and/or alleviate pain with nutrition, bodywork, supplements, and other holistic modalities. Topics also discussed include prescriptions for pain low back pain, arthritis, fibromyalgia, chronic Lyme disease, sciatica, neck and shoulder pain. The talk will conclude with a 10 minute meditation.

Juicing & Detoxify the Body, Monday, February 20 @ 6-7 p.m. – Live juicing demonstration and tips for the left-over vegetable/fruit fiber. Out with the old and in with a new you! Detoxification cleanses the body, mind, and spirit of environmental, diet, and prescription toxic residues. Not only will your body feel great after detoxification, but your weight will reduce as well! Learn how to detoxify the body safely with nutrition, exercise, supplements, relaxation techniques, and body therapy.

\$20 fee includes cost of all materials and all of the above. Just show up and enjoy!

*All lectures will take place at the
Huntsman Clubhouse at 2631 Sheffield Dr.*

Please contact Erin Senger at 970.214.1846 or erinedoty@yahoo.com to register.

Deadline sign up by February 1st !



2012
WELLNESS
CHALLENGE 2.0

<http://wellnesschallenge2012.blogspot.com/>

LAUNCHES FEBRUARY 21st!

***Happy 2012! Invest in YOU with 12 weeks of wellness!
Transform your health, body, spirit, and mind!***

Check the website weekly for updates!

<http://wellnesschallenge2012.blogspot.com/>

\$40 for Hethwood residents and \$55 for Non-Hethwood residents

****Appointment fees for most of our guest speakers is the price of the program!***

You get all the guest speakers and so much more!

CONTACT The Hethwood Foundation TO SIGN UP!

750 Hethwood Blvd., #100-H, Blacksburg, VA 24060

(540) 552-5252

T FIRST 10 TO SIGN UP GET A FREE GIFT! T

SIGN UP DEADLINE FEBRUARY 13!

Reserve your spot ASAP!

Good Information

Stroubles Mill News

As a result of recent elections, in which 25% of the residents responded positively to a proposed slate of officers, the following were elected for a two year term.

President:	Jim Sellers
Vice President:	Waldon Kerns
Secretary:	Jennie Hodge
Treasurer:	Margene Hirsh

Thank you Carl McDaniels and Mike Hyer for your dedicated work on the Nominating Committee.

Town of Blacksburg Crime Prevention Education Classes

Beginning in January 2012, Blacksburg Police will begin offering crime prevention education to the public. Classes will be scheduled on the last Monday of each month in the Blacksburg Police Department Training Room, 200 Clay St. SW, with a different topic for each class. The classes are offered free of charge but space is limited. To register, email Shaylin McNeil at smcneil@blacksburg.gov.

Identity Theft Prevention – February 27, 2012 6-8PM, Learn about the dangers of identity theft and measures that can be taken to decrease the likelihood of becoming a victim.

Home Security—March 26, 2012 6-8PM, Learn ways to make your home less desirable to would be burglars.

For more information on these classes, contact Lt. Steven M Taylor, @ (540) 961-1811 or staylor@blacksburg.gov

Important Winter Safety Notice

We are pleased that our community has such a variety of hills and valley that are fun for winter activities...and we know the Briarwood hill is a favorite! We do ask you to use caution when sledding or doing other winter activities. Please understand that these activities are done at your own risk. We ask that you do not build jumps, as these can create a dangerous hazard. Please remember that ice skating on the pond is prohibited. People/pets should never be in or on the pond for any reason.

Stay in Touch with the Hethwood Hoorah Monthly Newsletter!

You get to pick how you receive the newsletter! Hethwood's goal is to operate in a fiscally responsible manner as well as to support the ongoing green initiative. Help us save paper and postage by signing up to receive the Hethwood Hoorah and other notices by email (your choice).

Note: The current month's newsletter is usually available the 1st week of any given month and is conveniently available for you several different ways – Email, website or US mail service.

To receive the Hoorah by email please go to www.hethwoodfoundation.com. Click on the tab that says **News by Email** and follow the easy instructions. Afraid you will forget to check???? We will send you an alert that the latest Hethwood Hoorah newsletter is available and include a link.

If you prefer to continue to receive a written copy of the newsletter via mail we are happy to make it available to you. Please return the form (below) to the Hethwood Foundation as soon as possible so we can put you on our list. **Note:** Once you have requested to receive a hard copy of the newsletter via mail you should be on the list. If for some reason you do not receive the newsletter, please call the office at 540.552.5252 so we can verify your mailing address.



I would like to receive the Hethwood Hoorah via mail.

Please print clearly!



My name is: _____ Phone contact #'s _____

Please mail to: _____

My Hethwood address: _____

I am a resident/homeowner: _____ I am an out-of-town homeowner: _____

I am a renter: _____ Lease expiration date: _____

We will stop sending the Hethwood Hoorah after your lease ending date listed above.

If you choose to renew your lease in Hethwood and would like to continue receiving the Hethwood Hoorah, please let us know in writing.

Mail this form to:

Hethwood Foundation, Inc. 750 Hethwood Blvd., 100 H Blacksburg, VA 24060

or send an email with the info above to: cbspowers@hethwoodfoundation.com.

Important Information

Hethwood Pool Manager Needed

Hethwood Pool Manager needed: To hire & train aquatics staff; assist with Learn-to-Swim program, as well as other aquatics programs; schedule/oversee aquatics staff; coordinate social activities. Must be safety focused, customer service oriented and highly motivated. Requires Lifeguard certification & CPO/AFO; ability to lift 50lbs. Swim instruction experience & WSI recommended. LGI, WSIT & coaching experience a plus. Full Time Seasonal Employment. **Competitive pay & bonuses offered.** Interested applicants can apply online at www.HH Hunt.com or call (540) 552-5252. **Applications will be taken until position is filled. EOE.**

Hethwood Annual Dues is set at \$291.05

The Hethwood Board of Directors has approved the budget for 2012 and the resulting dues has been set at \$291.05. The Hethwood dues payment is an annual payment shared by the entire Hethwood community for the effective management and maintenance of our attractive common areas, wonderful amenities, and fun activities for our membership. It is truly the best deal around! The dues invoices are scheduled to arrive by the 1st of April and are always due by May 1st of each year. If you have any question or if you have not received a dues invoice by the 1st, please contact our office right away @ 552-5252.

Food Donations Needed!

There is still an urgent need for food donations at the Montgomery County Emergency Assistance Program (MCEAP). Donations maybe dropped off at the Hethwood Foundation office. *Thanks to generous Hethwood residents*, we have already taken over more than 100 food items to help local folks. Items that are requested are non-perishable food items such as canned meat and fish, dried bean and rice, peanut butter, jelly, crackers, spaghetti noodles and sauce, Hamburg Helper, breakfast food like pop tart and cereal bars. MCEAP assist families in immediate, temporary and emergency situations. If you would like to learn more or volunteer, visit <http://civic.bev.net/mceap> or call 381-1561.


Do you have a house for sale?

There may be another Hethwood resident interested in your home!

Please contact our office as we will be adding a tab on our website titled "Homes for Sale". Send us a photo of your home, the address, (a total of 3 sentences) and a link to your realtor. All submissions must be electronic. Please include your name and phone number for our records. We will not give it out unless you direct us to do that, or if your home is for sale by owner. We'll help you get the word out!



Before You Make Changes To Your Home or Add Structures....

 If you are planning to make any changes please note that according to the bylaws; an Architectural Control Committee shall approve or disapprove any additions or alterations to the building exteriors, including fences, walls, walks and any type of outbuilding. An Application for Architectural Change/Addition must be submitted along with detailed information, samples and measurements as requested on the form, to the Architectural Control Committee, as well as to the Hethwood Foundation for approval. Generally the process moves quickly, but one should allow for a 30-day approval process. Please contact the Hethwood office for this form or print one from the Hethwood web site www.hethwoodfoundation.com.

Satellite Dishes

The FCC allows for the residents of planned communities to install direct broadcast satellite dishes. Before installing any satellite dish, we request that you complete a Notice of Intent to Install an Antenna. The form as well as information regarding installation size and location can be printed from the Hethwood web site or picked up at the Hethwood office. Once this is filed with the Hethwood Foundation you are free to carry out installation, unless for some reason the size or location does not conform to applicable standards.



Important Disclosure Package Information

Please note, if you are selling your house/condo/townhouse *you* (the seller) are required to furnish the buyer with a disclosure package. The disclosure package includes important information regarding the Hethwood by-laws, exterior home and yard inspection, architectural standards, dues requirements, and other important information. Realtors know this and often request one on your behalf.

Some realtors may not. It is the seller's responsibility. **If you are selling your home, please remember to request a disclosure package in writing from the Hethwood Foundation.** You may go to www.hethwoodfoundation.com and use the interactive form or print off a form.

Please note that an exterior home and yard inspection will be completed as required. Any violations noted must be reported in the disclosure information, and a letter will be sent to you as well. Any violations will need to be remedied in an appropriate time frame.

Haymarket Square owners must obtain a disclosure package from *both* the Hethwood Foundation (552-5252) \$50 and Raines Property Management 951-0000 (cost \$50). Likewise, Chowning Place owners must obtain a disclosure package from both the Hethwood Foundation (552-5252) \$50 and Townside Inc. (552-4000) electronic \$225 and paper \$250. A purchaser may cancel the contract if timely delivery of the association disclosure package is not completed.

Clubhouse Rentals

We have two great clubhouses available for Hethwood homeowners and residents of Foxridge to rent. The cost for rental is \$50 and the deposit is \$300. Consider the Briarwood Clubhouse for your special event. It is easy to clean, the furniture can be moved around for dancing, and it is equipped with a range, refrigerator, and microwave for your convenience. The Huntsman Clubhouse is reserved for non-alcoholic events such as meetings, classes, showers etc. It has a full kitchen and is available for daytime use during office hours. The clubhouses are great for hosting larger groups that may not fit in your home comfortably. This is a privilege for our residents and it is hoped that any rentals will be treated that way. Residents are responsible for returning the clubhouses to their original condition with furniture in place, cleaned completed (residents are to provide own cleaning supplies) and trash removed to a dumpster. The clubhouse (s) should be left properly secured, with key turned in immediately after the contracted time and clubhouse ready for the next inspection and rental.



Mardi Gras Ball Order Blank

Beat the midwinter blues by joining the Knights of Columbus at the Mardi Gras Ball on Saturday, February 18st from 8 to 11PM! It will be held at St. Mary's Catholic Church at 1205 Old Mill Rd., Blacksburg VA. Tickets are \$30 dollars/person. Ticket profits go to Knight's charities. Silent auction profits go to Little Angels Preschool. Enjoy the lively music of the Three Minute Lov'n Band and songs of Broadway sung by Beth Shaver . Neither formal dress nor costumes are required, but a best costume prize will be given! The ticket price includes Mardi Gras favors, drinks poured by Vintage Cellar, food from Zeppolis, and a chance to win a \$100 prize. Groups can reserve tables. Tables can hold 8 people. Make your reservations now! If you decide later that you want to group at a table, that can be arranged. For information, contact Jim Armstrong at 552-8129 or jramaa@comcast.net. The ball website is: <http://civic.bev.net/kcbburg/>

Ticket Order Form

Name _____

Address _____

Phone _____

Email _____

Amount(\$30/person,\$240/full table)_____

Table Name(For full table)_____

Make your check payable to: Knights of Columbus. Mail your order to:

Jim Armstrong, 408 Floyd Street, Blacksburg, VA 24060.



Classified Advertising



Pet-Sitting

Lauren Jaeger 320-2781
 Kiana Harris 953-1888
 Rachel Minnich 961-4843
 Flannery Cohill 808-5956
 Erika Gresh 951-0913
 Dylan Minnich 961-4843
 Blake Parker 951-2482
 Ben Parker 540- 525-5554

Baby-Sitting

Molly Stedfast 757-620-5924
 Blake Parker 951-2482
 Allie Cohill 951-7955
 Lauren Jaeger 320-2781
 Emily Gresh 808-5572

Dog Walker & House Sitter Call 250-1846

GENERAL YARD WORK
 CALL BEN PARKER
 525-5554

Dog Walker & Babysitter Call 230-8500

PUPPY OBEDIENCE & KINDERGARTEN CLASSES

For puppies 10-16 weeks old.
 Classes are for 6 weeks.
 Call for class information.
 Call Rosie Higdon
 (540) 552-9112
 of Hi-D-Ho Dog Training
 Classes are available
 for older dogs as well.
www.hi-d-ho-dogtraining.com

Loft bed w/desk

underneath. Includes single
 futon that fold to chair.
 Brushed nickel finish \$100
 or best offer.
 Call Lisa 961-4116

Want a unique gift?

Portraits drawn from you
 favorite photo of your
 family, kids, pets, home, etc.
 Call 961-0829 or email
bwalter@vt.edu

Lawn Mowing, Yard Work & Car Detailing

Call Trey Gresh at 230-5200

Available for French or English as a Second Language tutoring.

Individual or small group
 help can be arranged.
 Call Susan
 @ 540-449-3596
 Credentials available

Tutoring By

The Tutors Alliance

"Filling the Learning Gap"

Call: 1-888-9-Teach-U
 (1-888-983-2248)

Learn Right Driving

Behind the wheel instruction
 Call Leslie or Steve Roberson
Boomers5@verizon.net
 961-1412 449-8684

Bikes for Sale

Boys Schwinn Bike, red 20" basically
 Brand new only rode it a few times.
 Paid \$80-asking \$40.
 Girls Schwinn bike, purple 20", in very
 Good shape, asking \$25.
 Call if interested-can send you a text
 picture or you're welcome to stop by to
 see the bikes.
 Call Susan Powers 239-8787.
the4powers@verizon.net

CLEANING!!

Home-Office-Apartment
 References * Bonded & Insured
 Commercial * Free Estimates
 Call (540) 392-2365
radercleaning@yahoo.com

PIANO FOR SALE-\$500
 CHERRY BALDWIN SPINET!
 EXCELLENT CONDITION!
 CHERRY DRESSING TABLE
 \$75. Both can be seen at
 Haymarket Square
 CALL 540-392-3384 or
 540-381-1033

"Protect Your Children
 While They Are Online"
 Time Limiting/Filtering &
 Blocking/Block Outgoing Con-
 tent/
 Monitoring Tools
 Call 540-808-5647 or email
kaschmid@vt.edu
 Flat rate \$45.00

Arthur Cennamo
 ABR GRI
 Licensed Realtor
 540-230-6065
www.arthurecennamo.com
 Coldwell Banker
 Townside Realtors



Nightly Suite Rentals Close to Home!

Friends or family coming to visit?
 Why have them stay at a hotel
 when they can be close by at
 Foxridge apartments, right here
 in Hethwood. Contact the
 Foxridge Welcome Center
 951-1221 for information on two
 and three-bedroom Nightly Suites.
 Available for nightly, weekly,
 or weekend stays, the Nightly Suites
 are equipped with all the
 comforts of home!



Domino's Presents: Pizza Night!

On Wednesday's
 especially for
 Hethwood and Foxridge
 residents!!!!

Time: 4:30PM-7:30PM
 Where: Briarwood Clubhouse
 Swing by for a medium cheese or
 pepperoni pizza
 for only \$5!
 While quantities last!

CLEANING TIME?
 Don't forget to take items
 you no longer want in
 your house or garage to the
 SECOND TIME AROUND
 Thrift Shop at 107 Ellett Rd
 Blacksburg W-Th-F-Sat
 between 10am & 4pm
 Phone 540-951-4327
 Gently used items please!
 Benefits
 Montgomery County
 Humane Society



WINTERFROST FARM
 Reagan Miles, Owner
 (p) 540.320.1697
 (e) myhorse16@gmail.com
 Find us on Facebook!

Trail Rides, Lessons, Training, Horse Leasing and Horse Rescue
 "Where the Lord Blesses us to help his creature!"

Hethwood Residents - As a service to you, Hethwood offers you a space in each monthly newsletter (as space permits) to place your classified ads, **FREE OF CHARGE!** Please try to limit your ad to 10 lines. Just turn your ad in at the Hethwood office prior to the 14th of the month, to be placed in the following month's newsletter. For more information, call the Hethwood office at 552-5252. You can also email your ad to cbspowers@hethwoodfoundation.com. Due to space limitations, we reserve the right to remove *repeat ads* as needed, to make space for new advertisements. Please be reminded to always check references for quality of work etc. as the Hethwood Foundation, Inc. can not assume these responsibilities.

HETHWOOD FOUNDATION, INC.
750 Hethwood Blvd., 100 H
Blacksburg, Va. 24060

PRST
STD
US POSTAGE PAID

HETHWOOD RESIDENTS

